



JOIN US FOR THESE FUN CLASSES



Mini Ninja Warrior 3-6 Yrs

Your little Ninja Warrior will love this fun-filled and challenging class of warm ups, relays, games and obstacle training. Our Mini Ninja Warrior class will focus on constantly changing obstacles for all skill levels. This class is an exciting approach to helping kids stay active, while building speed, strength, stamina and agility. 15% sibling discount.



Gymnastics & Tumbling 3-6 Yrs

This class is perfect to build Beginning Gymnastics & Tumbling skills through warm ups, relays, basic tumbling and gymnastics skills! Kiddos are lavished with positive reinforcement for self reliance and following directions. Strength, flexibility and agility are increased as our teacher introduces new skills each week with safe spotting techniques and communication.

DAY/TIME: THURSDAYS, 5:00 - 5:45 PM
SESSION 1 JAN 9, 2020 TO FEB 20, 2020
SESSION 2: MAR 5, 2020 TO APR 16, 2020

DAY/TIME: THURSDAYS, 4:15 - 5:00 PM
SESSION 1 JAN 9, 2020 TO FEB 20, 2020
SESSION 2: MAR 5, 2020 TO APR 16, 2020

**SESSION COST \$56.00 BEFOR JAN. 1ST, \$60.00 AFTER
15% OFF A SIBLING
SLO SENIOR CENTER**

Register at www.slocity.org/recreation

FOR MORE INFO CONTACT BRITTNEY 805-651-8149



www.calikidsfitness.com

