

# DISCIPLINA POSITIVA



## Positive Discipline in Spanish

Aprenda a resolver problemas, mejore las habilidades de comunicación y la responsabilidad, y aumente la motivación para el cambio. Esta clase brindará una oportunidad para que los padres compartan problemas similares y trabajen juntos para aumentar la felicidad familiar.

Learn how to problem solve, improve communication skills and responsibility, and increase motivation to change. This class will provide an opportunity for parents to share similar problems and work together to increase their family happiness.

**Thursdays, Jan. 24<sup>th</sup> - Feb. 21<sup>st</sup>**  
No class on February 14

**4 evenings - 6:00-8:00 p.m.**  
**Los Osos Middle School Library**  
Class is **FREE** of charge

Register online at [ae.slcsd.org](http://ae.slcsd.org)  
or call the Adult School at (805) 549-1222

Limited childcare space is available. Call the Adult School for information.



 **Parent Connection**  
of San Luis Obispo County  
[www.sloparents.org](http://www.sloparents.org)