



# Love and Logic<sup>®</sup>

**ONLINE!**

Presented by Christina Kaviani PhD, Certified Love&Logic Instructor  
AND SAN LUIS COASTAL UNIFIED SCHOOL DISTRICT ADULT SCHOOL PARENT EDUCATION

**Love** allows children to grow through their mistakes.

**Logic** allows them to live with the consequences of their choices.

Learn the Love and Logic process of building relationships through discipline as we simultaneously create a space to support parents while they raise children and learn to take care of themselves.



This unique online class format will be facilitated via Zoom and comprised of lectures, individual/partner activity, discussions, and question and answer sessions. Special topics of interest include the impact of discipline during COVID-19, social/racial justice, and healthy relationships between parents and children.

**Christina Kaviani** earned her doctorate in Human Development and is a dedicated advocate and educator for Cal Poly and RISE, as well as a certified Love & Logic Instructor. Christina aims to create a positive learning environment that celebrates the complexities between parents and children, as well as the importance of wellness, inclusion, and compassion in everyday life.

CLASS MEETS **ONLINE** FOR FIVE SESSIONS  
**Wednesdays, 7:00-8:45 pm, Oct.7th– Nov.4th**

Register for this **FREE** class at [SLOadultschool.org](http://SLOadultschool.org)

