

CHALLENGE
SUCCESS

Stanford
GRADUATE SCHOOL OF
EDUCATION

**VIDEO PRESENTATION
for Parents of Teens**

The
**Well-
Balanced
Student**

**Promo Code for Parents & Staff, who
RSVP, will be provided
for home viewing 3/31/20-4/15/20.
FREE COURTESY OF LAGUNA PTA**

RSVP ParentSquare Event
<https://www.parentsquare.com/feeds/2596534>
or Email LagunaMiddleSchoolPTA@gmail.com

LEARN RESEARCH-BASED STRATEGIES FOR RAISING HEALTHY TEENAGERS IN TODAY'S FAST-PACED WORLD.

When we are too focused on grades and performance, we deny our teens the time and energy they need to tackle the demanding work of growing up. In this presentation, you'll learn how you can establish a healthier home environment, reduce academic stress without sacrificing achievement, and increase your teenager's resilience, creativity, and well-being.

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