



New Baby?

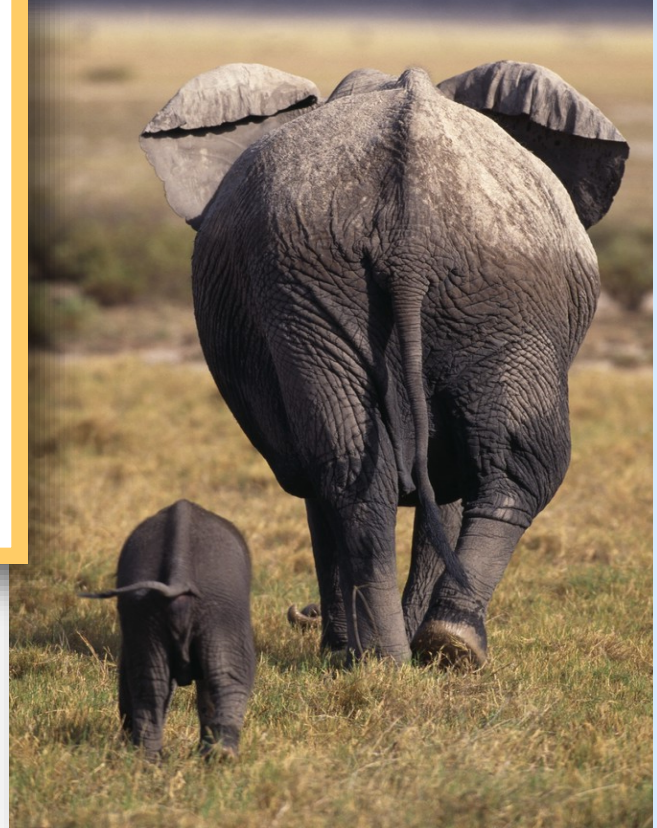
Join the fun and learning at
Parent Participation!

Attend a weekly class with your baby and enjoy teacher-facilitated discussion topics, songs and play, and the chance to connect with other parents.

**Infant Class Locations in
San Luis Obispo & Los Osos**

Summer: June 18 - July 25

Fall: Aug. 26 - Dec. 13



Parenting the Infant (0-6mo, 6-12mo)

Summer: Tues 12:30-2:30 p.m., Thurs., 9:30-11:30 a.m.

Class time includes songs, baby sign language and parenting discussion topics such as sleep, development, nutrition and safety. Expectant parents are welcome.

Tiny Hikers (3-24 months) Summer: Wed., 10:00 a.m. -12:00 p.m.

Hike the beautiful trails of SLO County with your child in a backpack or carrier. Each class includes guided discussions on health, stress-reduction, and child development.

Strolling to Fitness (0-36 months) Available in Fall 2019

Enjoy exercising with your little one as we explore a different SLO city park each week. Classes include a power walk, optional strength exercises, circle-time singing, and guided parent discussion.

Infants under 12 months may attend any of our other parenting classes with a parent & older sibling.

View classes and enroll at parentparticipation.org

adult school

SLCUSD PARENT PARTICIPATION PROGRAM
1500 Lizzie St. H2, SLO 93401 (805) 549-1222