

New Baby?

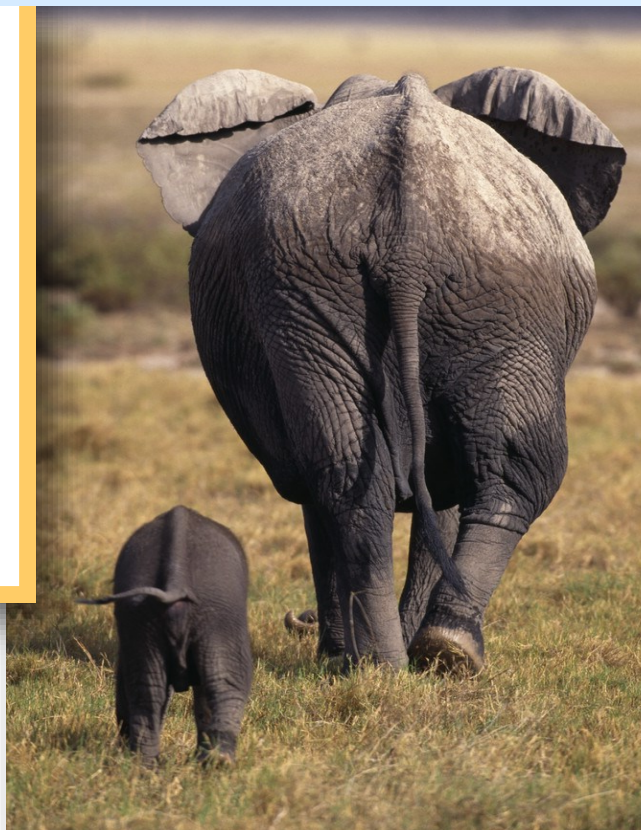
Join the fun and learning at

Parent Participation!

Attend a weekly class with your baby and enjoy teacher-facilitated discussion topics, songs, play, and the chance to connect with other parents

Infant Class Locations in
San Luis Obispo & Los Osos

Fall: August 26-December. 26



Parenting the Infant (0-6mo, 6-12mo)

Course days/times vary, please check website

Classes include songs, play, baby signs, and parenting discussion topics such as sleep, development, nutrition and safety. Expectant parents are welcome.

Tiny Hikers (3-24 months) Mondays 10:00 a.m. -12:00 p.m.

Hike the beautiful trails of SLO County with your child in a backpack or carrier. Each class includes guided discussions on health, stress-reduction, and child development.

Baby & Me Yoga (pre-crawling infants) Fridays, 10:30-11:30am

In this supportive class, parents will stretch, tone and breathe while bonding with baby. Include your little one in your practice and create community with other parents.

Infants under 12 months may attend any of our other parenting classes with a parent & older sibling.

View classes and enroll at parentparticipation.org

adult school

SLCUSD PARENT PARTICIPATION PROGRAM
1500 Lizzie St. H2, SLO 93401 (805) 549-1222