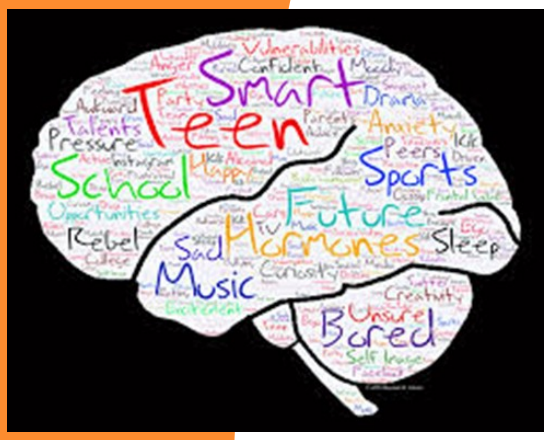


The Adolescent Brain

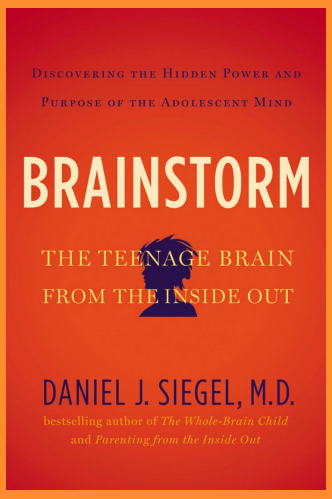
Taught by Lea Payne Scott

Wednesday, May 15th 6:00-8:00 p.m.

Laguna Middle School Library

11050 Los Osos Valley Road, SLO
$5/ person Section #79110

In this workshop, we'll explore recent discoveries of the adolescent brain that explain why this is a vital, and sometimes maddening phase of life for everyone involved. Using Dan Siegel's book ***Brainstorm*** as a framework, we will bust commonly held myths about adolescence as we look at this period through an evolutionary lens. We will also discuss exciting ways in which understanding how the adolescent brain functions can help us not only survive but thrive together as healthy families through the teenage years and beyond.



adult school
SAN LUIS COASTAL UNIFIED SCHOOL DISTRICT

Register at ae.slcusd.org
or call (805) 549-1222

san luis coastal adult school parent participation program

Mental Health Services Act Proposition 63 California

Parent Connection of San Luis Obispo County
www.sloparents.org