



**SAN LUIS COASTAL**  
UNIFIED SCHOOL DISTRICT

Food Service Department  
Staff Lunch Menu  
Winter 2016

**Entrée Salads**

\$4.00

Monday

**Chicken Caesar Salad**

*(Grilled Chicken, Parmesan Cheese, Croutons, Black Olives and Romaine Lettuce)*

Tuesday

**Tuna Salad**

*(Tuna Salad with Carrots, Tomatoes, Cucumber and Salad Greens)*

Wednesday

**Baked Potato**

*(Cheese, Sour Cream, Bacon, Butter, Green Onions, Chili)*

Thursday

**Turkey Yaki Soba Salad**

*(Turkey, Noodles, Cabbage, Carrots, Cilantro and Ponzu Dressing)*

Friday

**Greek Chicken Salad**

*(Chicken, Olives, Tomato, Cucumber, Red Onion, Garbanzo Beans, Parmesan Cheese and Salad Greens)*

**Sandwiches/Wraps**

\$4.00

Monday

**Chicken Salad Sliders with Lettuce**

Tuesday

**Buffalo Chicken Wrap**

*with Shredded Cheddar and Lettuce*

Wednesday

**Turkey Caprese Sandwich**

*with Mozzarella, Tomato and Parmesan Aioli*

Thursday

**Turkey Pesto Wrap (NF)**

*with Lettuce and Parmesan Cheese*

Friday

**American Sub**

*with Sliced Turkey, Sliced Ham, Cheddar Cheese, Lettuce and Tomato*

**Available Daily**

**Hearty Garden Salad (V)** - \$3.50  
*(Hard Boiled Egg, Shredded Cheddar, Garbanzo Beans, Bell Peppers, Tomato, Cucumber and Lettuce)*

Student Lunch	\$3.50
Student Breakfast	\$2.50
Milk	\$0.50
Water	\$1.00

**(V)** = Vegetarian Item

**\*(NF)** = Nut Free Item