



SAN LUIS COASTAL
UNIFIED SCHOOL DISTRICT

Food Service Department
Staff Lunch Menu
Spring 2017

Entrée Salads

\$4.00

Monday

Greek Chicken Salad

(Chicken, Olives, Tomato, Cucumber, Red Onion, Garbanzo Beans, Parmesan Cheese and Salad Greens)

Tuesday

Popcorn Chicken Salad

(Popcorn Chicken, Cheddar Cheese, Cucumber, Tomato, Carrot and Salad Greens)

Wednesday

Steak Taco Salad

(Sliced Steak, Tomato, Cheddar Cheese, Salad Greens and Tortilla Chips)

Thursday

Tuna Salad

(Tuna, Cucumber, Tomato, Croutons and Ranch Dressing)

Friday

Chinese Chicken Salad

(Chicken, Mandarin Oranges, Carrots, Bell Peppers, Chow Mein Noodles and Sesame Dressing)

Sandwiches/Wraps

\$4.00

Monday

Chicken Caesar Wrap

(Chicken, Parmesan Cheese, Lettuce and Caesar Dressing)

Tuesday

Tuna Salad on Sliced Wheat

with Lettuce and Tomato

Wednesday

Cranberry Chicken Salad Wrap

with Apples, Cranberry Spread and Lettuce

Thursday

Turkey Pesto Sandwich (NF)

with Lettuce and Tomato

Friday

Fresh Veggie Wrap

with House Made Hummus, Cucumbers, Bell Peppers, Purple Cabbage, Shredded Carrots, Mozzarella and Lettuce

Available Daily

Hearty Garden Salad (V) - \$3.50
(Hard Boiled Egg, Shredded Cheddar, Garbanzo Beans, Bell Peppers, Tomato, Cucumber and Lettuce)

Student Lunch \$3.50
Student Breakfast \$2.50
Milk \$0.50
Water \$1.00

(V) = Vegetarian Item

***(NF)** = Nut Free Item

