



Lunch \$3.00
or \$0.40 reduced
Breakfast \$2.00
or \$0.30 reduced

November, December, January

Elementary Lunch Menu

Menu Subject to Change without Notice

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

All meals include milk and daily Salad Bar
* is a meatless entrée

		Wednesday, November 1	Thursday, November 2	Friday, November 3
<p>LOCAL FARM SPOTLIGHT: The Larder Meat Co. Proud to work with this great local business to bring better, local beef to our students!</p>		<p>Spaghetti with Meat Sauce with Local Breadstick (Espaguetis con Carne)</p> <p>(Pizza at Hawthorne)</p>	<p>CALIFORNIA THURSDAYS</p> <p>Orange Chicken with Rice and Local Veggies (Pollo naranja con arroz y vegetales)</p> <p>(Pizza at Sinsheimer)</p>	<p>NO SCHOOL</p>
Monday, November 6	Tuesday, November 7	Wednesday, November 8	Thursday, November 9	Friday, November 10
<p>Mini Corndogs with Veggies (Mini Perro Caliente de Maiz con Vegetales)</p>	<p>Taco Tuesday: Local Beef Tacos with Spanish Rice (Tacos de Carne de Res con Arroz)</p> <p>(Pizza at Bishop's Peak)</p>	<p>House Made Mac & Cheese* (Macarrones con Queso)</p> <p>(Pizza at CL Smith)</p>	<p>CALIFORNIA THURSDAYS</p> <p>Local Beef Burger on Local Bun with Toppings on Salad Bar (Hamburguesa)</p> <p>(Pizza: Los Ranchos & Baywood)</p>	<p>NO SCHOOL</p> <p>Veterans Day</p>
Monday, November 13	Tuesday, November 14	Wednesday, November 15	Thursday, November 16	Friday, November 17
<p>Chicken Tenders with Fries (Pollo con Papas)</p>	<p>Beef, Bean and Cheese Nachos (Carne de Res, Frijoles y Queso Nachos)</p> <p>(Pizza: Monarch Grove)</p>	<p>Meatball Alfredo with Local Breadstick (Alfredo de Carne)</p> <p>(Pizza at Hawthorne)</p>	<p>CALIFORNIA THURSDAYS</p> <p>Turkey Day Menu: Roast Turkey with Mashed Potatoes and Gravy, Green Beans, Holiday Cookie (Pavo asado con puré de patatas y salsa)</p> <p>(Pizza at Sinsheimer)</p>	<p>Breakfast 4 Lunch: Pancakes with Chicken Sausage (Panqueque con salchicha de pollo)</p> <p>(Pizza at Pacheco)</p>
Monday, November 20	Tuesday, November 21	Wednesday, November 22	Thursday, November 23	Friday, November 24
<p>THANKSGIVING BREAK – NO SCHOOL</p>				
Monday, November 27	Tuesday, November 28	Wednesday, November 29	Thursday, November 30	Friday, December 1
<p>All Beef Hot Dog on Local Bun with Goldfish Crackers (Perros Calientes y Galletas)</p>	<p>Chicken Tamale with Beans (Tamal de pollo)</p> <p>(Pizza at Bishop's Peak)</p>	<p>Chicken Pot Pie with Biscuit (Pastel Pollo y Bollos)</p> <p>(Pizza at CL Smith)</p>	<p>CALIFORNIA THURSDAYS</p> <p>Teriyaki Chicken Bowl with Rice & Local Veggies (Plato de pollo teriyaki)</p> <p>(Pizza: Los Ranchos & Baywood)</p>	<p>Breakfast 4 Lunch: Pancakes with Chicken Sausage (Panqueque con salchicha de pollo)</p> <p>(Pizza: Teach & Del Mar)</p>
Monday, December 4	Tuesday, December 5	Wednesday, December 6	Thursday, December 7	Friday, December 8
<p>Chicken Drumstick with Potato Wedges (Pollo y Papas)</p>	<p>Bean & Cheese Burrito* (Burrito de Frijoles y Queso)</p> <p>(Pizza: Monarch Grove)</p>	<p>Stir-fry with Veggies and Noodles with Spring Roll* (Salteado de fideos con vegetales)</p> <p>(Pizza at Hawthorne)</p>	<p>CALIFORNIA THURSDAYS</p> <p>Carnitas Burrito Bowl with Cilantro-Lime Local Grains, Beans and Corn (Carnitas burrito tazón)</p> <p>(Pizza at Sinsheimer)</p>	<p>House Made Taco Pizza (Pizza de Carne)</p> <p>(Pizza at Pacheco)</p>
<p>Monday Breakfast Fresh Fruit, Juice, Milk Bagel & Cream Cheese Or Whole Grain Cereal</p>	<p>Tuesday Breakfast Fresh Fruit, Juice, Milk Fruit & Yogurt Parfait Or Whole Grain Cereal</p>	<p>Wednesday Breakfast Fresh Fruit, Juice, Milk Breakfast Burrito Or Whole Grain Cereal</p>	<p>Thursday Breakfast Fresh Fruit, Juice, Milk Whole Grain Breakfast Pastry Or Whole Grain Cereal</p>	<p>Friday Breakfast Fresh Fruit, Juice, Milk Fresh Local Muffins Or Whole Grain Cereal</p>

WINTER HARVEST OF THE MONTH:

Local KIWI from Mallard Lakes Ranch in Nipomo!

DID YOU KNOW?



Kiwis are one of the most nutrient-dense of all fruits. Kiwis grow on vines that can be as high as 30 feet. Kiwis are actually a berry.



The skin of a kiwi is edible. Try eating it whole like an apple!

For more information, visit: www.kiwifruit.org

Follow Us On Instagram:



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Monday, December 11	Tuesday, December 12	Wednesday, December 13	Thursday, December 14	Friday, December 15
Chicken Sandwich on Local Bun (Sándwich de Pollo)	Chicken, Bean and Cheese Tostada (tostada de pollo, frijoles y queso) (Pizza at Bishop's Peak)	Spaghetti with Meat Sauce with Local Breadstick (Espaguetis con Carne) (Pizza at CL Smith)	 Orange Chicken with Rice and Local Veggies (Pollo naranja con arroz y vegetales) (Pizza: Los Ranchos & Baywood)	House Made Hawaiian Pizza (Pizza de Hawaiiana) (Pizza: Teach & Del Mar)
Monday, December 18	Tuesday, December 19	Wednesday, December 20	Thursday, December 21	Friday, December 22
Mini Corndogs with Veggies (Mini Perro Caliente de Maiz con Vegetales)	Taco Tuesday: Local Beef Tacos with Spanish Rice (Tacos de Carne de Res con Arroz) (Pizza: Monarch Grove)	House Made Mac & Cheese* (Macarrones con Queso) (Pizza at Hawthorne)	 Bean & Cheese Burrito* (Burrito de Frijoles y Queso) (Pizza at Sinsheimer)	NO SCHOOL 

WINTER BREAK 12/22-1/5  **Happy 2018!**

Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12
Chicken Tenders with Fries (Pollo con Papas)	Beef, Bean and Cheese Nachos (Carne de Res, Frijoles y Queso Nachos) (Pizza at Bishop's Peak)	Meatball Alfredo with Local Breadstick (Alfredo de Carne) (Pizza at CL Smith)	 Beef Broccoli Bowl with Rice & Local Veggies (Carne de res y Brócoli) (Pizza: Los Ranchos & Baywood)	NO SCHOOL
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19
NO SCHOOL 	Chicken Tamale with Beans (Tamal de pollo) (Pizza: Monarch Grove)	All Beef Hot Dog on Local Bun with Vegetable Medley (Perros Calientes y Vegetales) (Pizza at Hawthorne)	 Teriyaki Chicken Bowl with Rice & Local Veggies (Plato de pollo teriyaki) (Pizza at Sinsheimer)	Breakfast 4 Lunch: Pancakes with Chicken Sausage (Panqueque con salchicha de pollo)  (Pizza at Pacheco)
Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
Chicken Drumstick with Potato Wedges (Pollo y Papas)	Bean & Cheese Burrito* (Burrito de Frijoles y Queso) (Pizza at Bishop's Peak)	Stir-fry with Veggies and Noodles with Spring Roll* (Salteado de fideos con vegetales) (Pizza at CL Smith)	 Carnitas Burrito Bowl with Cilantro-Lime Local Grains, Beans and Corn (Carnitas burrito tazón) (Pizza: Los Ranchos & Baywood)	House Made Taco Pizza (Pizza de Carne) (Pizza: Teach & Del Mar)
Monday, January 29	Tuesday, January 30	Wednesday, January 31	<div style="background-color: #76923c; color: white; padding: 10px; text-align: center;"> <p>Look for LOCAL farm produce on the Garden Bar every day!</p> </div> 	
Chicken Sandwich on Local Bun (Sándwich de Pollo) (Pizza: Monarch Grove)	Chicken, Bean and Cheese Tostada (tostada de pollo, frijoles y queso) (Pizza: Monarch Grove)	Spaghetti with Meat Sauce with Local Breadstick (Espaguetis con Carne) (Pizza at Hawthorne)		
Monday Breakfast Fresh Fruit, Juice, Milk Bagel & Cream Cheese Or Whole Grain Cereal	Tuesday Breakfast Fresh Fruit, Juice, Milk Fruit & Yogurt Parfait Or Whole Grain Cereal	Wednesday Breakfast Fresh Fruit, Juice, Milk Breakfast Burrito Or Whole Grain Cereal	Thursday Breakfast Fresh Fruit, Juice, Milk Whole Grain Breakfast Pastry Or Whole Grain Cereal	Friday Breakfast Fresh Fruit, Juice, Milk Fresh Local Muffins Or Whole Grain Cereal