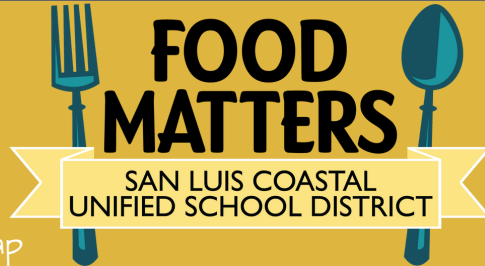


LOMS Lunch Menu

NOVEMBER 2017

Winter Cold Sandwich Menu:

- Monday - Ham & Cheese Sub
- Tuesday - Teriyaki Chicken Wrap
- Wednesday - Turkey Pesto Ciabatta
- Thursday - Turkey Cranberry Wrap
- Friday - Veggie Hummus Box



MEAL PRICES:
LUNCH \$3.25
REDUCED \$0.40
FREE, IF QUALIFIED

- Daily Entrees:
- Chicken Tender Basket
 - Bean and Cheese Burrito (V)
 - Pepperoni Pizza
 - Cheese Pizza (V)
 - Sandwich/Wrap

All meals include milk and Salad Bar



V = VEGETARIAN OPTION

M 10/30	T 10/31	W 11/1	Th 11/2	F 11/3
BBQ Pulled Chicken Sandwich with Fries	Carnitas Burrito Bowl with Local Grains	Chicken Pesto Pasta with Local Garlic Breadstick	Local Beef Burger Bar <i>with Toppings</i>	NO SCHOOL
M 11/6	T 11/7	W 11/8	Th 11/9	F 11/10
Oven Fried Chicken with Potatoes	Chicken, Bean & Cheese Tostada	Chili Cheese Baked Potato	Beef Philly Cheesesteak Sandwich with Fries	NO SCHOOL
M 11/13	T 11/14	W 11/15	Th 11/16	F 11/17
Beef Hot Dog & Fries	Street Tacos with Rice	Meatball Alfredo with Local Garlic Breadstick	Local Beef Burger Bar <i>with Toppings</i>	Teriyaki Chicken Bowl with Rice and Veggies

Thanksgiving Break 11/20-11/24

M 11/27	T 11/28	W 11/29	Th 11/30	F 12/1
Crispy or Spicy Chicken Sandwich with Fries	Chicken Tamale with Beans	Spaghetti with Meat Sauce and Local Garlic Breadstick	Taco Flatbread or Veggie Flatbread (V)	Lemongrass Chicken with Lo Mein Noodles

*MENU SUBJECT TO CHANGE WITHOUT NOTICE
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