

LAMS Lunch Menu

OCTOBER 2017

MEAL PRICES:

LUNCH \$3.25

REDUCED \$0.40

FREE, IF QUALIFIED

All meals include milk and Salad Bar

V = VEGETARIAN OPTION



Daily Entrees:

Chicken Tender Basket

Bean and Cheese Burrito (V)

Pepperoni Pizza

Cheese Pizza (V)

Sandwich/Wrap

M 10/2	T 10/3	W 10/4	Th 10/5	F 10/6
Chicken Pesto Pasta with Local Garlic Breadstick	Carnitas Quesadilla with Refried Beans	BBQ Pulled Chicken Sandwich with Fries	Burger Bar <i>with Toppings on the Salad Bar</i>	Sweet & Sour Meatballs with Rice
M 10/9	T 10/10	W 10/11	Th 10/12	F 10/13
Baked Ziti with Local Garlic Breadstick	Chicken, Bean & Cheese Tostada	Oven Fried Chicken with Potatoes	Carnitas Burrito Bowl with Local Grains	Orange Chicken with Lo Mein Noodles
M 10/16	T 10/17	W 10/18	Th 10/19	F 10/20
Chicken Alfredo with Local Garlic Breadstick	Street Tacos with Cilantro Lime Rice	Beef Hot Dog & Fries	Burger Bar <i>with Toppings on the Salad Bar</i>	Teriyaki Beef Bowl with Rice and Veggies
M 10/23	T 10/24	W 10/25	Th 10/26	F 10/27
Spaghetti & Meatballs with Local Garlic Breadstick	Chicken Tamale with Beans	Crispy or Spicy Chicken Sandwich with Fries	BBQ Chicken Flatbread or Margherita Flatbread (V)	Lemongrass Chicken with Lo Mein Noodles

*MENU SUBJECT TO CHANGE WITHOUT NOTICE

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER