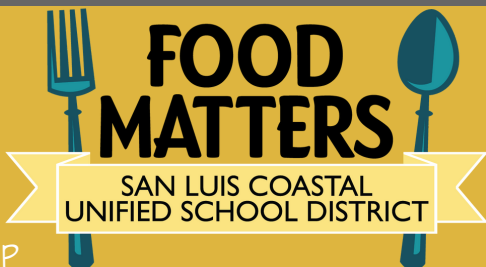


LAMS Lunch Menu

NOVEMBER 2017

Winter Cold Sandwich Menu:

- Monday - Ham & Cheese Sub
- Tuesday - Teriyaki Chicken Wrap
- Wednesday - Turkey Pesto Ciabatta
- Thursday - Turkey Cranberry Wrap
- Friday - Veggie Hummus Box



MEAL PRICES:
LUNCH \$3.25
REDUCED \$0.40
FREE, IF QUALIFIED

- Daily Entrees:
- Chicken Tender Basket
 - Bean and Cheese Burrito (V)
 - Pepperoni Pizza
 - Cheese Pizza (V)
 - Sandwich/Wrap

All meals include milk and Salad Bar



V = VEGETARIAN OPTION

M 10/30 BBQ Pulled Chicken Sandwich with Fries	T 10/31 Carnitas Burrito Bowl with Local Grains	W 11/1 Chicken Pesto Pasta with Local Garlic Breadstick	Th 11/2 Local Beef Burger Bar <i>with Toppings</i>	F 11/3 NO SCHOOL
M 11/6 Oven Fried Chicken with Potatoes	T 11/7 Chicken, Bean & Cheese Tostada	W 11/8 Chili Cheese Baked Potato	Th 11/9 Beef Philly Cheesesteak Sandwich with Fries	F 11/10 NO SCHOOL
M 11/13 Beef Hot Dog & Fries	T 11/14 Street Tacos with Rice	W 11/15 Meatball Alfredo with Local Garlic Breadstick	Th 11/16 Local Beef Burger Bar <i>with Toppings</i>	F 11/17 Teriyaki Chicken Bowl with Rice and Veggies

Thanksgiving Break 11/20-11/24

M 11/27 Crispy or Spicy Chicken Sandwich with Fries	T 11/28 Chicken Tamale with Beans	W 11/29 Spaghetti with Meat Sauce and Local Garlic Breadstick	Th 11/30 Taco Flatbread or Veggie Flatbread (V)	F 12/1 Lemongrass Chicken with Lo Mein Noodles
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*MENU SUBJECT TO CHANGE WITHOUT NOTICE
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