



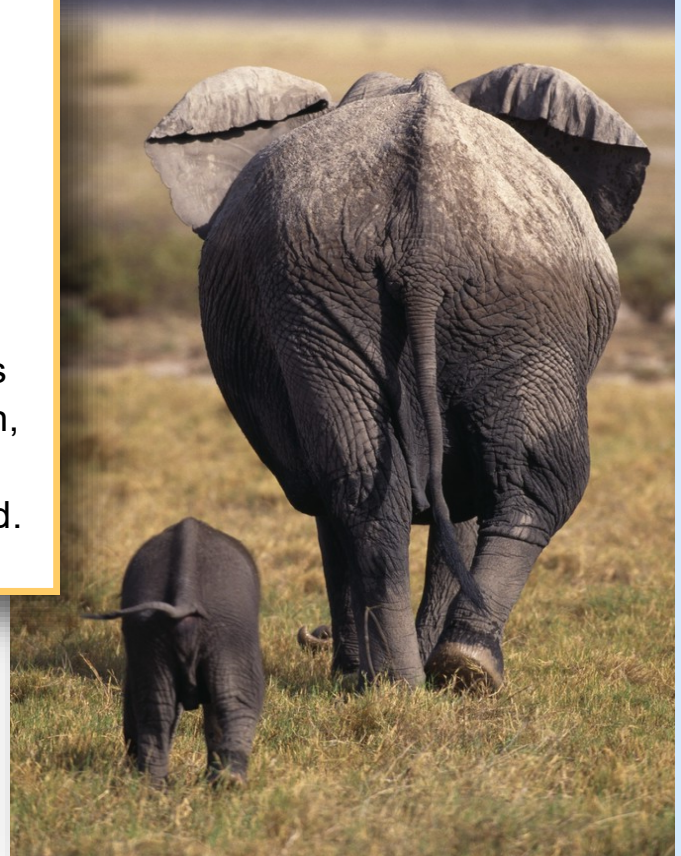
## ***Got a new baby?***

Our **Parent Participation** classes offer a fun venue to connect with other parents. Credentialed teachers provide valuable topics for discussion, resources and guest speakers. Parents attend classes with their child.

Class Locations in  
SLO, Los Osos & Morro Bay

**Summer Classes: June 25 - July 27**

**Fall Classes: Aug. 27 - Dec. 14**



### **Parenting the Infant (0-6mo, 0-12mo 6-12mo) \$75**—Tue, Thu, Fri, various times

Class time includes songs, baby sign language and parenting topics such as sleep, development, nutrition and safety. Expectant parents are welcome.

### **Tiny Hikers (0-18 months) \$67**—Mon, 10-12 p.m. (Summer: Tue, 10-12pm)

Hike the beautiful trails of SLO County with your child in a backpack or carrier. Each class includes guided discussions on health, stress-reduction, and child development.

### **Strolling to Fitness (3-30 months) \$67**—Wed, 9:30-11:30 a.m.

Enjoy exercising with your little one as we explore a different SLO city park each week. Classes include a power walk, optional strength exercises, circle-time singing, and guided parent discussion.

Join any time, if space is available. Infants under the age of 1 may attend any of our other parenting class with a parent & older sibling.

**View classes and enroll at [parentparticipation.org](http://parentparticipation.org)**

**SLCUSD PARENT PARTICIPATION PROGRAM**

**San Luis Coastal Adult School, 1500 Lizzie St., H2 (805) 549-1222**