

Family Fun in the Kitchen

a vegan cooking class
for kids ages 9-12 and their parents



More and more, families are experimenting with plant-centered meals and many are still wondering what to eat.

Discover the basics of balanced meals, kid-friendly foods, and family fun in the kitchen.

Wednesdays, January 17 & 24

5:30 - 7:30 p.m.

SLO High School Rm 514

with Deborah Gedayloo

\$40 includes Parent and Child

Register at ae.slcsud.org or call (805)549-1222

SAN LUIS COASTAL UNIFIED SCHOOL DISTRICT ADULT SCHOOL