

San Luis Coastal Unified School District

Elementary Breakfast Menu August & September 2008

All breakfasts include milk and choice of fruit juice

Monday

Pancake-Sausage on Stick
or
Whole Grain Cereal
with String Cheese

Tuesday

Bagel with jelly
& cream cheese
or
Breakfast Quesadilla

Wednesday

Sausage & Cheese Burrito
or
Whole Wheat Honey Bun

Thursday

Whole Grain Cereal with yogurt
or
Low-Fat Muffin with string cheese

Friday

Hot Ham & Cheese on
English Muffin
or
Whole Wheat Pan Dulce

Full Price - \$1.25
Reduced Price - \$.30
Free to those qualified

